



THE COMMUNICATOR



Welcome to the September 2023 edition of The Communicator

September 7, 2023

Grande Prairie Public School Division, Crystal Park School

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Message From The Principal



Welcome back Wolverines! We are so excited to have our students back in the building. As we move forward with another school year, our mission at Crystal Park School remains the same, " **Crystal Park is an inclusive community that works together to nurture and develop the whole child.**" This is a mission that all staff at Crystal Park work to make visible every day. We look forward to spending the school year with all of you and invite you to participate in your child's learning. There will be opportunities for School Council on September 25th, and we hope to see parents joining us. As always, if you have any questions, please feel free to contact the office. Welcome to the 2023-2024 school year!

Cindy Clarkson

Important Dates To Remember

September 21 - Terry Fox Run

September 22 - PL Day, No School

September 25 - School Council

September 29 - Orange Shirt Day

October 9 - Thanksgiving, No School

October 19 - School Pictures

October 27 - PL Day, No School

October 31 - Halloween Activities



Important links

2023-2024 Online Registration: www.gppsd.ab.ca/registration

2023-2024 School Year Calendar: <https://bit.ly/42KXSzw>

Bussing: <https://bit.ly/GPPSDBusing>

GP Transit: [Grande Prairie Transit now free for youth under 18 - My Grande Prairie Now](#)

Bus Tracking

FirstView App is a FREE bus tracking app for your smartphone or desktop, with predictive Stop Arrival Times for one stop in the morning and one in the afternoon. It will also tell you the status of your bus, if it is late, on time or cancelled.

- Download the mobile app www.firstviewapp.com.
- Download the desktop app <https://web.firstviewapp.com/login>

Please note, GPPSD does not manage this app. All technical support needs to be directed to FirstView.

FirstView® Customer Service - Monday – Friday 7:00 a.m. EST to 5:00 p.m. EST

- Calling the toll-free phone number 1-888-889-8920 from
- Emailing Customer Support at support@firstviewapp.com
- Using the in-app “✉” button to provide feedback

Crystal Park Store

Crystal Park Spirit Wear!

Share your school pride in style with Crystal Park Spirit Wear! We are excited to announce that our online store is up and running. Hoodies, t-shirts, shorts, hats, and more are available to order!

The store is live and will remain open until midnight on September 17th. If you are interested in purchasing some Spirit Wear, please check out the store with the following link:

<https://crystalpark2023.itemorder.com>

[#wolverinepride](#)

Welcome Back Staff

It has been a great start to our school year. This morning we welcomed back our amazing staff. We kicked off the morning with a collaborative team building activity!

We are fortunate to have this incredible team supporting our students and families this year!

[#wolverinepride](#) [#gppsd](#) [#everystudentsucceeds](#)















Meet The Teacher

We are so excited to say we have some new faces within our staff this year. We love to put faces to the names for our Crystal Park families.

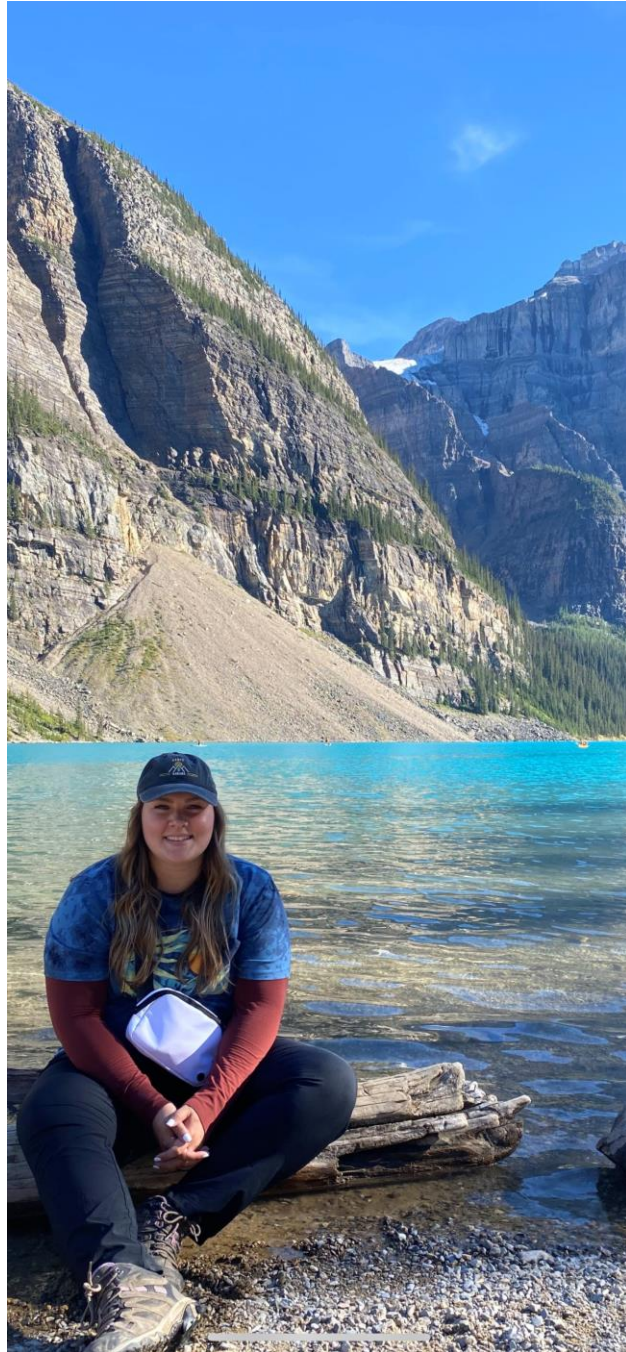
Paige Bouchard - Lifeguard

My name is Paige Bouchard, and I am very happy to be the new lifeguard at Crystal Park School. I have been a lifeguard and instructor for many years, and I am very excited to get to know many of the children attending CPS.



Jasmine Allan - Grade 5/6 Teacher

Hello! My name is Jasmine Allan. I am from small town Grimshaw, AB. I graduated from the TEN Program at GPRC in 2021. I love all things art, travel, and sports. I'm so excited to be a part of Crystal Park School Community!



Kristen Adair - Grade 1 Teacher

Hi! I'm Kristen Adair and I am teaching Grade One at Crystal Park this year. Although we moved a few times, I did most of my schooling in the Grande Prairie Public School Division, attending five different schools here in town! I moved to Edmonton after high school and got my degree from the University of Alberta, before moving back to GP to start teaching. I love reading, movies and spending time with my dog Ripley, and I am looking forward to my time here at Crystal Park.



Danielle Brachmann - Grade 2/3 Teacher

I am so excited to be part of the Crystal Park School family! I look forward to getting to know your children and supporting them through this school year. When I am not in the classroom, I enjoy skiing, travelling and camping with my family.



Kaden Barkemeyer - Grade 7 Teacher

I am joining Crystal Park School this year as a grade 7 teacher, my name is Kaden Barkemeyer (B.Ed, Mathematics, Drama). After doing my student teaching at Peace Wapiti Academy and Charles Spencer High School, I am very excited to start my teaching career at Crystal Park School!

"I'm a teacher. All I need are minds for molding." — Dewey Finn, from School of Rock



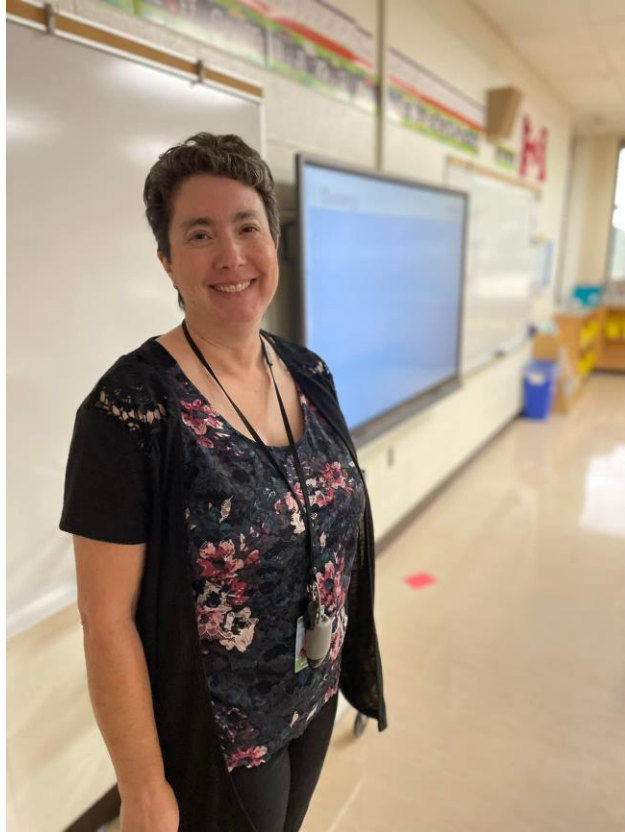
Welcome back students

What a fantastic day! Our Wolverines are back in the building. The smiles, the laughter and the buzz of excitement is contagious! Looking forward to an amazing school year!

[#wolverinepride](#) [#gppsd](#) [#everystudentsucceeds](#) [#firstdayofschool](#)

































Citrus Catering

You can order lunches for your child/children online at:

<https://www.citruscatering.ca/index.php/order-form/crystal-park>

All of our lunch items must be pre-ordered by 8:30am of the current day.

To Place an order:

1. Click the tab "school orders"
2. Find your school name and click on it
3. Choose the school week that you want to order for.
4. There are two order options: one lunch or 2-5 lunches
5. Fill out the order form and make sure to include your child's name, Classroom # and teacher's name
6. Once choosing which day of the week you wish to order and items, you will be directed to payment page
7. Once complete, you will receive an e-mail confirmation.
8. Any questions or concerns please call 780-933-4360



EVERYDAY FAVORITES

- ham + cheese sandwich 5.50
- egg salad sandwich 5.50
- club sandwich 7.50
- chicken wrap 6.50
- pancakes + syrup 5.00
- hot dog (chicken + beef) 5.50
- pizza bunwich 6.00
- chicken burger 7.75
- dry boneless pork ribs + ranch 7.75
- cheese perogies + sour cream 8.00
- chicken caesar salad bowl 7.00
- taco in a bag 4.50
- potato salad 4.50
- potato salad 4.50



BAKING

- rice krispie square 3.50
- banana bread 3.50
- brownie (gf) 3.50
- cinnamon bun 1.25
- monster cookie 3.00
- fruit muffin 3.00

DRINKS

- bottled water 2.00
- oasis apple juice 2.00
- oasis orange juice 2.00
- white milk 2.25
- chocolate milk 2.25



school menu

phone: 780.933.4360
email: citruscater@gmail.com

ORDER ONLINE
WWW.CITRUSCATERING.CA

All Orders MUST be Submitted by 8:30 am of the Current Day
All cutlery + condiments included

\$6.50 DAILY SPECIALS

- hot dog + mac and cheese monday
- sweet and sour chicken balls + rice tuesday
- belgium waffle + fruit cup wednesday
- chicken club burger thursday
- three cheese pizza friday

HEALTHY SNACKS

- fresh fruit salad (gf) 4.50
- fresh veggie cup (gf) 4.50
- fresh apple / orange 1.25
- medium cheddar cheese (21g) 1.50
- hard boiled eggs 2.00
- dilly bite pickles (gf) 3.75
- hot rods 1.25
- peach jello (gf) 2.00
- nachos + cheese dip 5.50
- miss vickie's regular chios (gf) 2.00
- miss vickie's salt and vinegar chips 2.00
- garden veggie straws (gf) 2.00

daily specials SCHOOL CANTEEN



phone: 780.933.4360
email: citruscater@gmail.com

ORDER ONLINE
WWW.CITRUSCATERING.CA

All Orders MUST be Submitted by 8:30 am of the Current Day
All cutlery + condiments included

\$6.50 DAILY SPECIALS

MONDAY HOT DOG + MAC AND CHEESE

TUESDAY SWEET AND SOUR CHICKEN BALLS + RICE

WEDNESDAY BELGIUM WAFFLE + FRUIT CUP

THURSDAY CHICKEN CLUB BURGER

FRIDAY THREE CHEESE PIZZA



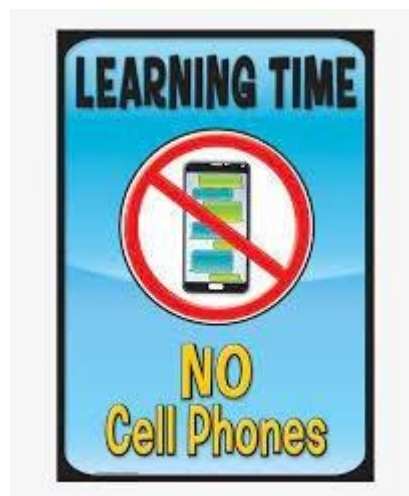
Scan Me!
Order from the School Canteen



Reminders For Parents



The speed limit on the ring road is 15km. We ask all parents who are dropping off or picking up to please slow down as well as, it is a one way road. Please make sure you are going the right way around the school. Thankyou kindly.



Just a friendly reminder to parents, Cell phones are NOT to be used while in class. If you need to get ahold of your child for any reason, please call reception 780-539-0333. Thankyou for your understanding.



Bikes and Scooters! It's that time of the year where the weather is nice enough for the kids to be riding bikes and scooters to school. Please remind your child that bikes and scooters are to be locked up at the bike racks outside. We simply do not have enough room in the school to store them as well as they are not allowed to be ridden inside the school building please and thankyou.



If your child/children are going to be absent, please let the school know through our automated system or talk to reception. 780-539-0333

Community Events

ROTARY FOOD DRIVE REMINDER

The Rotary Food Bank Drive is coming back! GPs Food Bank Drive is the largest door to door food bank drive in Canada and the need in Grande Prairie is greater than ever. The event is happening Wednesday September 13. Teams will be canvassing the entire city, and will be knocking on your door Wednesday evening starting at 6:00 p.m.

Currently food insecurity in our community is greater than ever. Current statistics from Salvation Army include:

- Food insecurity is more than just being without food. It also includes skipping meals and making choices to stretch the food budget.
- 1 out of every 7 Grande Prairie residents are currently using the food bank

- 40% of all food distributed in Grande Prairie is to children under the age of 16. Many of those youth are students in our schools.
- Food Bank drive will collect approximately 250,000 to 300,000 lbs of food. This used to last 5 to 6 months and is now expected to last till Christmas.
- Food insecurity and food bank usage has increase by approximately 400% in the last three years.

More information, including links to either volunteer or to donate directly, is available online at <https://www.gpfooddrive.ca/>

CHILD & YOUTH PROGRAMS



Roots of Empathy- Ages- in Schools
-Runs in partnering schools with the help of classroom teacher, a caregiver, and a newborn baby, students follow babies' growth while learning about empathy.

Empathy Project - Ages 5-17
- Group learning for 6 weeks, navigating emotional regulation, diversity, healthy relationships, respect, empathy, and conflict resolution.

Girls Matter! Ages 8-12
-10 weeks - navigating social media, and society's idea of beauty, reflecting on self-love, confidence, inner beauty, friendships, and leadership skills.

Boys Matter too!!- Ages 8-12
-10 weeks, navigating society's idea of what it is to be a man, healthy relationships, emotional regulation, confidence, and conflict regulation.

Sibling Support Group- Ages 8-17
-Monthly drop-in group for children/youth living with siblings with any sort of exceptionality, discussions around, empathy, advocacy, education, and self-care.

Rainbows - Ages 3- 18
-12-week grief and loss peer support group. open to anyone , with any loss, new, or not.



All programs are
always free and
open to anyone

Contact : 780-830-0920 or
cayprograms@gpfes.com
for more info







Empathy Project Fall Sessions

STARTING SEPTEMBER 21ST
5-7 YEAR OLDS
4:30-5:30PM
8-12 YR OLDS
6:30-7:30PM
6 WEEK SESSION

Everyone is eligible,
cost is free



Empathy/big emotions



Friendships boundaries



Culture, respect, advocacy

Email cayprograms@gpfes.com to register
or call

780-830-0920



Girls Matter!

Connect with your inner strength, and beauty. Build new friendships, talk about stressors, and social media, have fun and find new ways to love yourself for who you are, naturally.

Sept 19th start date.
6pm-7:30pm.
Every Tuesday for 10 weeks.

Everyone is eligible,
cost is free

8-12 years of age welcome

Email cayprograms@gpfes.com to register today or call 780-830-0920



VOLUNTEER NEEDED!

Receive free training and become a certified facilitator for Rainbows, a grief and loss support program. Lead peer groups in their personal journey to start healing.

Groups consist of children aged 3-18, as well as Adult groups. A great facilitator will be a community member who is Empathetic, an active listener, and who cares about others. No previous experience is needed.



Your participation means a lot!

Are you looking to make a difference in someone's life?



SIGN UP AT

cayprograms@gpfes.com
or call
780-830-0920



Death, separation or divorce, significant illness/hospitalization of a loved one, deployment, incarceration, immigration, so many more...

From Hurt. Through Hope. To Healing

RAINBOWS

Confidential, peer led 12 weekly group sessions. Share your feelings and thoughts with others your own age. Groups from ages 3-18, and adult groups too. All groups are always free and everyone is welcome.

Groups for all ages will run at the same time, and same location so all members of the family can work on healing.

Groups start

October 4th, 2023 at 7pm.

Call 780-830-0920 or email cayprograms@gpfes.com for information and to register



Contact us



Please call the Crystal Park office if your child will be absent or late. If you have any questions or inquiries, feel free to call us on any school day Monday to Friday 8:00am - 3:30pm.

Crystal Park School

9351 116 ave

Grande Prairie, AB, T8V 6L5

780-539-0333

E-mail: cpark@gppsd.ab.ca

Website: <http://www.gppsd.ab.ca/school/crystalpark/>



1 - Principal: Cindy Clarkson



2 - Vice Principal: Heather Hurley



3 - Vice Principal: Amber Prior



4 - Admin/Secretary: Dawn Poirier



5 - Like us on our facebook page.